



Written Test

Green-Tip Belt Testing for Green Belt

Name: _____

1. How has Taekwondo affected your daily life?

Mentally:

Physically:

Emotionally:

2. What would you like to improve before your next belt testing?

Mentally:

Physically:

Emotionally:

3. What is the translation of Taekwondo?

4. Draw a line connecting the words on the left to the matching words on the right:

BOW TO THE FLAG
BOW TO MASTER
BOW TO GRANDMASTER
BOW TO INSTRUCTOR

KOOKI-YEA DA-HAYO KYUNG-YEA
KWAN-JANG-NIM GAE KYUNG-YEA
SA-BUM-NIM GAE KYUNG-YEA
KYO-SA-NIM GAE KYUNG-YEA

ONE
TWO
THREE
FOUR
FIVE

SET
DA-SUT
DUL
HA-NA
NET

BRIO TAEKWONDO

Test Fee \$55



Name: _____ Date of Birth: _____ Age: _____

Present Rank: _____ Applied Rank: _____

Date of Test: _____ Belt Size: _____

	A+	A	B	C	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						